hps fusion



36° - 2.0mm

and Fusion is an innovative device that provides stable fixation of the PIP joint, while allowing for the fusion angle needed to continue daily activity. Hand Fusion combines the superior compression of the ExtremiFix headless screw, with the one-of-a-kind, variable-angle locking technology of the HPS™ system. The highly polished plates are low profile and have rounded edges to reduce dorsal prominence and soft tissue irritation. The system includes the first cannulated compression screw with locking capabilities; the Fusion Screw can lock up to 18 degrees from center, allowing for fusion of the joint at a natural resting angle. For patients requiring arthrodesis, the addition of Hand Fusion to HPS will allow the patient to return to daily activity.

Still... One System, Endless Possibilities.



20-55°

Fusion Angle

55°

hand fusion



2.0mm Fusion Screws*



2.4mm Fusion Screws*



Hand Fusion Plates*

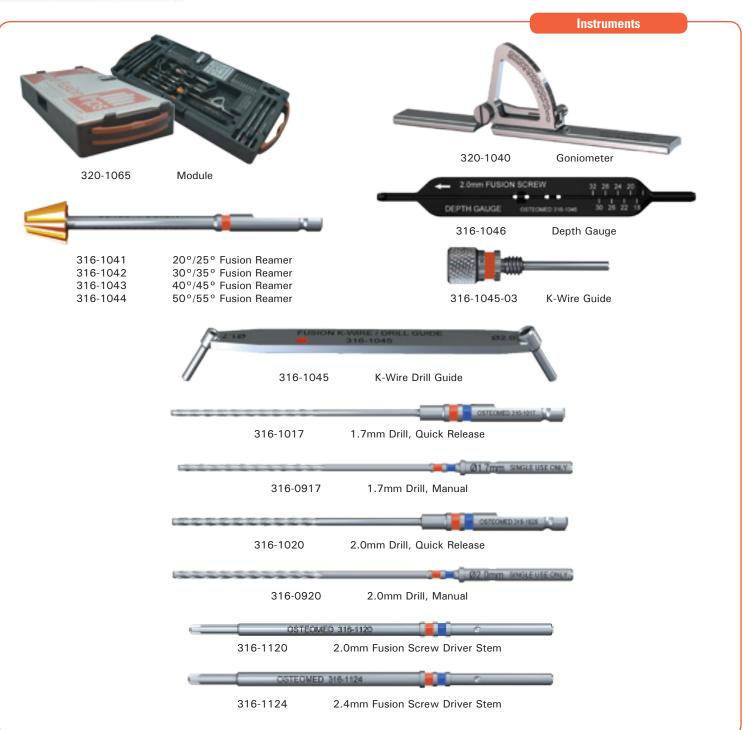
K-Wire

316-0107 .035 x 4" K-Wire Single Trocar

316-0119 .035" x 4" K-Wire Double Trocar

316-0003 .045 x 4" K-Wire Single Trocar





hps fusion

surgical technique

Joint Preparation

Expose joint

Make incision on dorsal surface of proximal bone of PIP joint.



Remove damaged joint surfaces

Using goniometer for reference, position joint at desired angle (between 20-55 degrees) and create osteotomy cuts. Distal bone should be cut perpendicular to dorsal surface; proximal bone cut will determine angle of fusion. Cup and cone configuration can also be used.



3 Create guide channel in distal canal

From center of joint, drive \emptyset .045" x 4" k-wire into distal bone axially to create a guide channel.

NOTE: In **soft bone** where drilling for fusion screw will not be needed, Ø.035" x 4" k-wire can be used to create a smaller channel. Do not bend k-wire when inserting into bone.



Remove k-wire from distal bone



Place k-wire to determine plate placement

From center of joint, drive Ø.045" x 4" k-wire into proximal bone through dorsal cortex at desired angle.



Confirm fusion angle

Retrograde k-wire into channel of distal bone, re-attaching joint. Use goniometer to confirm angle.

NOTE: Measuring the angle of the k-wire in the proximal bone relative to the dorsal surface will also determine fusion angle.

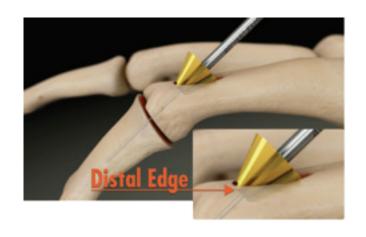


hand fusion

Plate Placement

7 Create a recess in proximal bone for placement of plate

Select appropriate reamer based on angle of fusion desired. Place reamer over k-wire and ream using power, until top distal edge contacts surface of bone.



Place Fusion Plate

Remove k-wire. Select appropriate size Fusion Plate for fixation of joint. Cut and bend plate as needed using appropriate instrumentation from HPS instrument tray. Place plate in divet created by reamer with transfix hole distal on bone.



Fixate plate to proximal bone

Follow Screw Preparation and Insertion steps in HPS Surgical Technique (page 17-18) to insert one locking, non-locking or lag screw from appropriate HPS module into shaft of plate.



- 1.6 plates use screws from green 1.6 HPS module
- 2.0 plates use screws from purple 2.0 HPS module

NOTE: Do not place screw in hole in barrel of plate prior to placing Fusion Screw.





Position bones for fusion

Insert \emptyset .035 k-wire through transfix hole and position bones for fusion. Check positioning under fluoroscopy if desired.

NOTE: Fusion Screw WILL NOT fit over \emptyset .045 k-wire previously used.



Measure

Slide cannulated depth gauge over k-wire until tip reaches plate; end of k-wire will indicate screw length required.



Drill (optional)

If drilling is desired, slide drill guide over k-wire into transfix hole. Drill hole using appropriate drill size. Fusion screws are self-drilling and self-tapping but drilling is recommended in dense bone.

NOTE: Use irrigation when drilling. Fluoroscopy is recommended during drilling. Failure to use drill guide may inhibit ability to lock screw in plate.



13 Select Fusion Screw

Select appropriate Fusion screw diameter and length from Hand Fusion module, 2.0mm screw for 1.6 plate and 2.4mm screw for 2.0 plate. Verify screw length with gauge on block.



hand fusion

Insert Fusion Screw

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Insert Fusion Screw

Reduce joint; insert screw over k-wire into transfix hole to compress joint and lock it into plate.

NOTE: Firmly hold distal bone when inserting screw to prevent malrotation prior to compression and locking of screw into plate.

Optional Screws:

If solid core screw is desired, use standard screws in **2.0 HPS module** for transfix hole in 1.6 Fusion Plate, and standard screws in **2.4 HPS module** for transfix hole in 2.0 Fusion Plate. Follow screw Preparation and Insertion steps in HPS Surgical Technique Guide. (page 17-18)



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Fill remaining screw holes

Repeat step 9 to place additional screws until all necessary holes are filled.

NOTE: If necessary, use only NON-LOCKING screws in hole in barrel of plate.





Close

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Place parallel k-wire across joint if needed for anti-rotation. Close.

MCP and DIP Joints

The OsteoMed Hand Fusion System is approved for use in bone fusion and arthrodesis of phalanges and metacarpals. Fusion angles range between 20 and 55, and may be too extreme for the DIP joint. If choosing to fuse the DIP or MCP joint, follow the surgical technique for the PIP Joint.

WARNING: In patients with a large intramedullary canal, the diameter length of the Fusion screw provided may not provide adequate compression of the MCP joint.